

**Eastern Area Agency on Aging**

<https://eaaa.org/>

207-941-2865

\*Serves Hancock, Penobscot, Piscataquis & Washington counties

**Aroostook Area Agency on Aging**

<https://www.arostookaging.org/>

207-764-3396

\*Serves Aroostook County

**Seniors Plus**

<https://seniorsplus.org/>

\*Serves Androscoggin, Franklin and Oxford counties

**207-795-4010**

**Spectrum Generations**

<https://www.spectrumgenerations.org/>

\*Serves Cumberland (Brunswick & Harpswell ONLY), Kennebec, Knox, Lincoln, Sagadahoc, Somerset and Waldo counties

**(800) 639-1553**

**Southern Maine Agency on Aging**

<https://www.smaaa.org/>

207-396-6500

\* Serves Cumberland (EXCEPT Brunswick & Harpswell) and York counties